

Caring Hearts

Supporting Sick & Disabled Children

Charity Registration Number: 1114140



Hi there

Thank you for your enquiry regarding charity skydiving courses.
This is a great opportunity to raise funds for a good cause and to have the experience of a lifetime.

Why choose **Caring Hearts**?

Caring Hearts is a National Charity registered with the Charity Commission for England and Wales.

We provide much needed financial assistance and support directly to any family within the UK who have a child under the age of eighteen suffering from any type of disability, serious or terminal illness.

How does **Caring Hearts** help?

Caring Hearts raise funds on a case-by-case, tailored basis for children meeting the charities guidelines.

This may include but is not limited to funds for medical & sensory equipment, recuperation holidays, educational days out and children's last wishes.

In general we provide a wide range of support to any seriously / terminally ill or disabled children and their families.

Each child and their requested wish is carefully chosen in-line with the charities strict guidelines and input from their medical specialists. The wish will then be organised and funded directly by the charity.

So why book your skydive with UK Skydiving?

We are professional skydivers and are always here to answer your questions and give you honest and accurate advice from 8am – 8pm 7 days a week 365 days a year. Freephone 0800 1116 880

Your attention is drawn to the guidance notes to help you book your jump.

It is preferable to give as much notice as possible to book your jump, particularly if you want to jump on one of the busy summer weekends and/ or with a group.

Booking your Charity Skydive is Easy!

1. Read the info, make copies of the sponsor form (page 6) and start collecting sponsors.
2. Use the dropzone/Tariff listing to choose your dropzone and jump, (page 7) allow yourself ample time to raise the sponsorship.
3. Complete and send us the booking form, signed terms and conditions (page 4&5) and £50 deposit per jumper.
4. We will send you confirmation of your skydive and directions to the dropzone/centre.
5. Once you have done your skydive you will have a further 2 weeks to collect and send the balance of the money raised.

Additional forms and information are available at www.ukskydiving.co.uk

Finally on behalf of **Caring Hearts** and UK Skydiving we would like to thank you in advance.

Have a great day and a fantastic skydive.

Rachel Organ and Team



UK SKYDIVING

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THE COURSES

TANDEM COURSE

Tandem is arguably the best way to experience your first freefall! You get a 30 minute ground briefing on the equipment, exiting the aircraft, freefall and landing. You are then securely attached to an experienced tandem instructor with a 4-point harness system, and board the aircraft. The aircraft will normally climb to around 10 000 to 12 000 feet where you exit and begin to freefall. You will reach speeds of approximately 120 miles per hour. Your freefall ends at around 5 000 feet when the tandem instructor will deploy the main parachute and you begin your descent under canopy. This will last between 4 to 6 minutes as you fly towards your landing area. We have professional cameramen available to capture the moment. A video and photographs will be a lasting reminder of your day. The cost of video and 35mm stills vary from dropzone to dropzone, usually £80 to £100. Remember to ask for details when you arrive. The time of your jump will depend on weather and the number of jumpers attending the course. Expect to be at the dropzone for the day.



RAPS COURSE

The RAPS (Ram-Air Progression System) course is a two day static line parachute course. On the first day you will receive ground training on equipment, aircraft exit, parachute control and landing. On the second day you will jump, weather permitting, using an advanced ram air square parachute. You will jump from around 3 500 feet. Your parachute is deployed automatically by the static line. Once your parachute is open and you have performed your safety checks, you will fly your parachute to the landing area. If you would like to continue on after this course, additional jumps are available from £27 to £35 each. Within another six to ten jumps you could be qualified to begin freefall. The course fee includes P6 membership to the British Parachute Association, third party insurance, all instruction, hire of parachutes, helmets, radios, altimeters, overalls, your aircraft ride and your first jump. **Spectators are welcome.**



Guidance Notes

Skydivers Medicals and Consent Forms

On the day of the jump all skydivers will be required to complete the British Parachute Association Student Parachutist Declaration of Fitness. If the jumper is over 40, or has a medical condition that may affect their ability to freefall or parachute safely then they will require a doctor's certificate to be completed in advance. If the skydiver is aged 16 or 17 they will need their parent or guardian to sign their medical form and a consent form. We will have enclosed the medical and consent forms if we knew you needed them, but if we have not and you now think it may be required then please let us know as soon as possible. Medicals and consent forms need to be kept by the skydiver and taken to the dropzone on the day.

Organising a Group

If you are organising a group all our correspondence will be via yourself, but we will happily speak to any individuals if they wish to discuss something in person.

FAQ's Restrictions and Exclusions

Age – Minimum age 16 (16 and 17 with written consent from parent or guardian). Those over 50 will not usually be accepted for RAPS but there is no upper age limit for Tandem skydives. **Weight limit** – 96 kilos or 15 stones at most centres.

Fitness and Health - A fair level of fitness is required for AFF and RAPS but not necessarily for Tandem skydives. If you are over the age of 40 you will need your doctors approval, we will send you the relevant documentation for your doctor to sign. Under the age of 40 you may sign a self declaration of fitness.

Weather - Skydiving is weather dependant! Cloud – Good visibility and broken cloud is required for all forms of skydiving, and the cloud base should be no lower than your parachute deployment altitude. Wind – The maximum ground speed for Tandems is 20kts and for Raps and AFF 15kts. Check with your chosen club the afternoon before or morning of your jump for a weather update, don't rely on TV or radio.

Disabilities - If you are disabled this does not mean you cannot skydive. Contact us for more details.

Insurance - On registration at the club on the day of your skydive you will automatically be covered by 3rd party insurance, if you would like to take further personal injury cover, contact us for further information.

Safety - All our chosen clubs are regulated by the BPA British Parachute Association, to ensure that equipment and training is of the highest standards. All Student and Tandem skydivers wear a dual parachute system, where if the main parachute should fail there is a reserve parachute, which is easily deployed. Student and Tandem equipment are also fitted with an automatic reserve parachute-opening device (Cypres) this is in case of extreme emergency and this device is governed by speed and altitude.

Glasses and Contacts - Our goggles fit comfortably over your glasses, and contact lenses are no problem

Breathing in freefall - On exiting the aircraft you may gasp for breath for a second but will soon find yourself breathing normally.

How fast will I fall? - This varies, but you can expect to be falling around 120mph during freefall.

What should I wear? - If it's a cold day wrap up warm not bulky as you will be provided with a jumpsuit to wear over your clothes. On a hot day a t-shirt and trousers/shorts are ample. Trainers are recommended, do not wear any open toed shoes ie sandals. **We're here to help, so if you want more information please don't hesitate to get in touch.**

Declaration of Fitness and Consent Forms for 16 & 17 Year Olds

Note to parents & guardians:

We recommend that you read all the literature that has been sent to the young person in your care outlining the nature of the course they have chosen, booking forms and our company's terms and conditions. We draw your attention to the medical form, which also requires your signature. Please contact our team if you have any further questions. You can download these forms at www.ukskydiving.co.uk or contact us on 0800 1116 880

Note to jumpers:

Take the consent form and medical form, both signed by your legal parent/ guardian to the dropzone/centre on the day of your jump. Without these you will not be able to jump.

Groups

Complete group details as follows:

Name	Height	Weight	Age	Contact Number	M/F

Continue on a separate sheet if necessary

TERMS AND CONDITIONS

- The final decision on your suitability to skydive rests entirely with the club and instructors and you must comply with the club rules at all times.
- Although the maximum weight limits for tandem, RAPS and AFF courses is usually 15stone, this does vary at different dropzones. Height must also be in proportion to weight. Your suitability to skydive will be assessed based on the heights and weights provided at the time of booking. If incorrect information is given, you run the risk of forfeiting your skydive along with all costs incurred.
- You must not consume alcohol on the day of your skydive.
- All monies paid are non-transferable and non-refundable.
- If you fail to turn up on the day without giving at least 72 hours notice, you may forfeit your skydive and be invoiced for the full cost of your skydive. An administration fee of £50 (in all cases except bad weather) will be charged to rearrange your skydive.
- If bad weather prevents you from jumping, a new date can be arranged to mutual convenience.
- If you arrive without the necessary paperwork you may forfeit your skydive.
- Gift vouchers are non-transferable and non-refundable
- Any charity jumps and funds raised should be with express permission from the chosen charity.
- Refunds will only be given in extenuating circumstances, and at our discretion.
- We cannot accept any responsibility for centres changing or postponing operating days, however we will transfer your booking to another centre or arrange an alternative date at no charge in such a case.
- UK Skydiving cannot accept any responsibility for verifying the authenticity of your chosen charity, unless you are jumping for one of our chosen charities, you are entirely responsible for collecting and donating sponsorship money honestly. It is common for the jumper to use part of the money collected to pay for part or all of the cost of the jump, but you must declare this intent to your sponsors.
- UK Skydiving will contact your chosen charity to inform them of your intent with all relevant skydive information and contact details.

Parachuting is an extreme sport. In participating in this sport I understand that there is a risk of injury or death. In signing below I accept the risks inherent with the sport and agree that I cannot hold UK Skydiving Ltd or **Caring Hearts liable against any claim or claims whether from myself or my representatives which may arise from any accident or incident resulting in any kind of loss or damage including bodily injury and death.**

You may elect to get additional insurance cover other than the included standard 3rd party cover. Contact us for further details

I the undersigned have read and understood the terms and conditions as listed above.

Name.....

Signature..... Date.....

If in any doubt of the above please do not hesitate to call us.

Dropzones / Centres Sponsorship levels & courses for 2010			Charity Tandem Skydive Prices correct at print and can vary				Charity RAPS Jump Prices correct at print and can vary			
	Dropzone / Centre	Operating Days	Minimum Sponsorship	Deposit	To pay on the day	Balance to the Charity	Minimum Sponsorship	Deposit	To pay on the day	Balance to the Charity
1	Cockerham, Lancaster	Fri, Sat, Sun, Mon	400	50	205	145	375	50	175	150
2	Langar, Nottingham	7 Days	400	50	225	125	375	50	210	115
3	Wansford, Peterborough	Fri, Sat, Sun	400	50	195	155				
4	Honiton, Devon	Wed to Sun <i>Contact us for special offer details!</i>	400	50	220	130	375	50	180	145
5	Headcorn, Kent	7 Days	400	50	215	135	375	50	180	145
6	Perranporth, Cornwall	Sat to Sun	400	50	190	160	375	50	160	165
7	Lewknor, Buckinghamshire	Sat Sun	400	50	200	150	375	50	170	155
8	March, Cambridgeshire	Tues to Sun	400	50	170	180	375	50	155	170
9	Grange-over-sands, Cumbria	Sat Sun Bank Hols	400	50	210	140	375	50	175	150
10	Errol, Perthshire	Sat, Sun	400	50	210	140	375	50	145	180
12	Shotton Colliery, Durham	Wed, Fri, Sat, Sun	400	50	230	120	375	50	190	135
13	Swindon, Wiltshire	Sat, Sun <i>Contact us for special offer details!</i>	400	50	190	160	375	50	150	175
14	South Cerney, Gloucestershire	Wed, Fri, Sat, Sun <i>Contact us for special offer details!</i>	400	50	185	165	375	50	150	175
15	Fife	Sat Sun Bank Hols	400	50	215	135	375	50	155	170
16	Auchterarder, Perthshire	Sat Sun Bank Hols Fri - Summer	400	50	180	170	375	50	135	190
17	Brigg, N. Lincolnshire	7 Days	400	50	200	150	375	50	180	145
18	Whitchurch, Shropshire	Fri and Sat	400	50	220	130	375	50	175	150
19	Beccles, Suffolk	7 Days <i>Contact us for special offer details!</i>	400	50	180	170	375	50	160	165
20	Stonehenge, Wiltshire	Fri, Sat, Sun	400	50	200	150	375	50	160	165
21	Weston on the Green, Oxford	Sat Sun Bank Hols <i>Contact us for special offer details!</i>	400	50	190	160	375	50	170	155
22	Swansea, South Wales	Sat & Sun	400	50	210	140				
23	Salisbury, Wiltshire	Sat, Sun	400	50	200	150				